

Nadeem N. Hussain, M.D.

██████████, Winfield, IL 60190 • ██████████ • ██████████

EMPLOYMENT:

2008 to current **Northwestern Medicine – Central DuPage Hospital** (Winfield, IL)
Cadence Physician Group, Psychiatrist

EDUCATION:

2007 to 2008 **University of Illinois Psychiatry Residency Training Program** (Chicago, IL)
Prime Residency Fellowship (PGY-4)
Jesse Brown West Side VA Medical Center

2003 to 2006 **Harvard Longwood Psychiatry Residency Training Program** (Boston, MA)
Brigham & Women's Hospital
Beth Israel Deaconess Medical Center
Massachusetts Mental Health Center

1998 to 2002 **The University of Illinois College of Medicine at Chicago** (Chicago, IL)
M.D. class of 2002

1994 to 1998 **The University of Virginia** (Charlottesville, VA)
College of Liberal Arts & Sciences
B.A. in Interdisciplinary Studies

HONORS AND AWARDS:

2009 **Star of the Month, Central DuPage Hospital**
Employee of the Month for the month of March 2009

2006 **Consult Service of the Year, Brigham & Women's Hospital Emergency Department**
Co-recipient of award to Medical Psychiatry Service. Unanimous selection by the Department of
Emergency Medicine

2002 **Who's Who Among Students in American Universities & Colleges**
Nominated by the University of Illinois at Chicago College of Medicine

2001 **Alpha Omega Alpha**
Selected as a member of University of Illinois Chapter of National Medical Honor Society

1999 **Bamberger Scholarship**
Award given by the University of Illinois at Chicago College of Medicine

1994 to 1998 **Echols Scholar**
Selected to participate in University of Virginia program for interdisciplinary study

1997 **Intermediate Honors**
University of Virginia College of Liberal Arts & Sciences

1996 & 1997 **National Science Foundation Fellowship**
Awarded via the Research Experience for Undergraduates summer program at the University of
Virginia

1994 to 1997 **Dean's List**

1994 **National Merit Scholar**

BOARD CERTIFICATION:

January 2009: Diplomate of the American Board of Psychiatry and Neurology. Valid until 12/31/24.

HEALTH CARE SERVICE ACTIVITIES:

- 2019 to 2021 **Wellness Director – Northwestern Medicine, RMG (West region)**
Completed Scholars of Wellness Program and implemented peer to peer review program in west region of Northwestern Medicine
- 2015 to present **Board of Health – DuPage County**
Oversaw public health programs of DuPage County and administrative strategies of DuPage County Health Department
- 2011 to 2017 **Physician Leader – Cadence Physician Group / Northwestern Medicine**
Served on the Leadership Council for multispecialty physician group of greater than 300 physicians
- 2013 to present **Medical Director – Department of Psychiatry**
Directed clinical and administrative practices of Electroconvulsive Therapy at Central DuPage Hospital
- 2011 to present **Utilization Management Committee – Northwestern Medicine Physician Network**
Implemented and developed practice protocols for start-up HMO
- 2009 to 2014 **Utilization Management Committee – Central DuPage Hospital**
Oversaw hospital-based quality and safety initiatives by review of utilization management

BOOKS:

Swanson TA, Kim SI, Hussain NN, (eds). *Underground Clinical Vignettes Step 1: Behavioral Science*, 5th ed. Philadelphia: Lippincott Williams & Wilkins, 2007.

Kim SI, Swanson TA, Hussain NN, (eds). *Underground Clinical Vignettes Step 2: Neurology*, 4th ed. Philadelphia: Lippincott Williams & Wilkins, 2007.

Kim SI, Swanson TA, Hussain NN, (eds). *Underground Clinical Vignettes Step 2: Emergency Medicine*, 4th ed. Philadelphia: Lippincott Williams & Wilkins, 2007.

ACADEMIC SERVICE ACTIVITIES:

- Summer 1999 to Spring 2001 **Honor System**
Co-Author and Co-Founder.
Drafted and revised student-initiated *Honor Code of the University of Illinois at Chicago College of Medicine* which was adopted by the college of medicine
Organized forums to generate student opinions regarding professional behavior and a system to regulate response internally among students
Coordinated with deans at our college of medicine to integrate student understanding of professionalism with existing policies of academic integrity
Authored and edited *Constitution of the University of Illinois at Chicago College of Medicine Honor Committee* which established the framework for the college of medicine honor system and its coordinating body after ratification by medical student government
Founded the Honor Committee of the University of Illinois at Chicago College of Medicine
- Fall 1998 to Summer 2000 **Bioethics Interest Group**
Co-President, 1999-2000. Organized panels and invited speakers to discuss matters related to ethics in medicine with medical students
- Fall 1999 to Fall 2000 **M1 & M2 Curriculum Committee**
Served as student member on the faculty committee for review and improvement of preclinical curriculum
- Spring 1997 to Spring 1998 **Students for Human Rights**
President, 1997-1998. Student activist organization at the University of Virginia

TEACHING EXPERIENCE:

- August 2001 to May 2003 **Essentials of Clinical Medicine course, University of Illinois College of Medicine**
• Chicago, Illinois
Clinical Tutor. Taught introductory clinical medicine course for first year medical students (August 2001 to May 2002) and second year medical students (August 2002 to May 2003)
•Mentor: Debra L. Klamen, M.D.

RESEARCH EXPERIENCE:

- July 2002 to
April 2003 &
July 2006 to
June 2007
- Psychiatric Institute, University of Illinois at Chicago**
Department of Psychiatry, University of Chicago • Chicago, Illinois
Research Assistant & Associate. Studied water imbalance in hyponatremic polydipsic schizophrenics by studying the mechanism of activity of arginine vasopressin and an imitable hippocampal lesion in these patients and their neuroendocrine responses to underlying disturbances
•Mentor: Morris B. Goldman, M.D.
- 1996 to 1997
- Department of Chemistry, University of Virginia** • Charlottesville, Virginia
Research Assistant. Studied and performed enantiomeric amplification procedures for organic precursors of Amphotericin and Nystatin
•Mentor: Glenn J. McGarvey, Ph.D.

PRESENTATIONS:

Invited Speaker, Central Dupage Hospital, Behavioral Health Services Lecture Series. February 18, 2009.
“Electroconvulsive Therapy. Attendees eligible for 2 CEU credits.

Invited Speaker. Cambridge Hospital (Cambridge, MA) to the Volunteer Health Association. June 10, 2004.
“Management of depression and anxiety.”

RESEARCH ABSTRACTS AND POSTER PRESENTATIONS:

Goldman MB, Winans B, Hussain NN. Double-blind Comparison of Olanzapine and Haloperidol in Polydipsic Schizophrenics. *International Congress of Schizophrenia Research*, 2003, 60S.

Goldman MB, Hussain NN, Zaheer S. Impaired Hippocampal-Mediated Glucocorticoid Negative Feedback in Schizophrenia. *International Congress on Schizophrenia Research*, 2003, 60S:103.

Goldman MB, Hussain NN, Zaheer S. Enhanced Hippocampal-Mediated HPA Response to Stress in Schizophrenia. *International Congress on Schizophrenia Research*, 2003, 60S:99.

Hussain NN, Goldman MB. Impaired Glucocorticoid Negative Feedback in Schizophrenic Patients with Hippocampal Pathology. *International Congress on Schizophrenia Research*, 2005. Also published as an abstract in BIDMC Center for Education Resident/Fellow Research Day (June 14, 2006).

Goldman M, Hussain NN, Van Cauter E. Divergent HPA Axis Responses to Stress in Schizophrenia Attributable to Presence or Absence of Hippocampal Pathology. *International Congress on Schizophrenia Research*, 2005. Also presented at Mysell Lecture and Harvard Psychiatry Research Day (April 5, 2006).

RESEARCH ARTICLES:

Goldman MB, Hussain N. Absence of effect of olanzapine on primary polydipsia: results of a double-blind, randomized study. *Journal of Clinical Psychopharmacology*. 2004 Dec; 24(6):678-80.

Goldman MB, Gnerlich J, Hussain N. Neuroendocrine Responses to a Cold Pressor Stimulus in Polydipsic Hyponatremic and in Matched Schizophrenic Patients. *Neuropsychopharmacology*. 2007; 32, 1611–1621.

OUTSIDE INTERESTS:

Running and weight training