

PERSONAL

Community Involvement

DuPage County Ethics Commission, 2022 – present

Active member at St. Paul Lutheran Church, Wheaton, Illinois 1985-present

Served on and chaired Serving/Outreach Ministry Board

Served on Church Council as Secretary

Served on and chaired Worship and Music Committee

Started, with others, College Ministry

Started, with others, Mental Health Ministry

Started, with others, Endowment Fund and Committee

National Alliance on Mental Illness of DuPage County, Wheaton, Illinois

Supporter of the Year Award, with spouse James Cahalan, 2012

Board of Directors, 2007-2011

Chair of Education Committee, 2009-2013

Facilitator of Parent Support Group 2006-2016

Instructor for Parent Education Class 2008-2016

Speaker on mental health issues to schools and community groups 2005-present

State of Illinois Teacher Trainer for NAMI Basics class

Wheaton Warrenville South High School Parent Organization

Managed Indoor Concession Stand 2000-2004

Chaired and started Fine Arts Parent/Faculty Committee 2004-2007

Member of High School Programming Review Committee 1999-2001

Wheaton Park District Baseball/Softball Board

Program Administrator, 1995-2001

Wheaton Warrenville PTA Council Officer, 1996-2001

Family

Married since 1983 to James L. Cahalan, Senior Corporate Counsel at

EquiTrust, Inc., Chicago, Illinois

Four adult children, two grandchildren